

### Navy Bureau of Medicine and Surgery (BUMED) Office of Women's Health (OWH) September 2024



#### FAMILY PLANNING

Question A (i): The number of Women's Health (WH) clinics and the number of walk-in contraceptive clinics (WiCCs) in your Service

- Specialty WH and WiCCs clinics are located within the Military Treatment Facilities (MTFs) that are under authority and control of the Defense Health Agency (DHA) supported by Navy Medicine providers.
- There are 22 Walk-In Contraceptive Clinics (WiCCs) at historically Navy facilities and 7 WiCCs at historically Marine Corps facilities.
- Many women's health needs can be managed by primary care managers (PCM) and do not require referral to specialty women's health clinics.
- In addition to WiCCs, Sailors and Marines can access contraception service by appointment through PCM or through referral to specialty obstetrics and gynecology (OB/GYN) clinics.



**FAMILY PLANNING** 

#### Question A (ii): Navy Walk-in Contraceptive Clinics = 22

Location	Hours
Naval Medical Center (NMC) Portsmouth	Thursdays (1300-1500)
NMC San Diego	Mondays and Thursdays (0800-1130 and 1245-1500)
Walter Reed National Military Medical Center	Wednesdays (0730-1100)
Naval Hospital (NH) Jacksonville	Fridays (0800-1530, closed for lunch from 1200-1300)
NH Bremerton	Wednesdays (0800-1100 and 1300-1500)
NH Pensacola	Monday – Friday (0800-1600)
Lovell Federal Health Care Center- USS Red Rover Clinic (Recruits	Monday – Friday
Only)	
US Naval Hospital (USNH) Sigonella	Thursdays (0800-1130)
USNH Yokosuka	Tuesdays (1300-1500)
USNH Guam	Thursdays (1300-1530)
USNH Rota	Wednesdays (1230-1530)
USNH Naples	Thursdays (1430-1530)
USNH Diego Garcia	Please call (315) 243-8747 for availability
USNH Guantanamo Bay	Monday – Friday (1030-1130)
Naval Health Clinic (NHC) Oak Harbor	Wednesdays (1300-1530)
NHC Lemoore	Thursdays (0730-1100)
NHC Patuxent River	Fridays 0900-1100
NHC New England	Tuesdays (1300-1530)
NHC Corpus Christi	Thursdays (1300-1600)
NHC Charleston	Thursdays (0800-1100)
NHC Hawaii	Monday afternoons
NHC Annapolis	Tuesdays (0830-1130)



#### **FAMILY PLANNING**

Question A (ii): Marine Corps Walk-in Contraceptive Clinics = 7

Location	Hours
NMC Camp Lejeune	Tuesdays (0800-1100 and 1300-1500)
NH Beaufort	Wednesdays (0800-1100)
NH Camp Pendleton	Tuesdays and Fridays (0830-1130 and 1300-1530)
NH Twentynine Palms	Mondays (1300-1500)
USNH Okinawa	Tuesday (0745-1200 and 1300-1500)
NHC Cherry Point	Tuesdays, Wednesdays, and Thursdays (0800-1200)
NHC Quantico	Wednesdays (0740-1100)



#### FAMILY PLANNING

Question L: What women's health services are performed on board ship versus on shore? Is routine care (e.g., pap smears, pelvic examinations) for deployable personnel on sea duty scheduled at shore facilities while in port or is such care provided on ship? Are telehealth services available to shipboard personnel ?

- Ship's medical teams and fleet Medical Readiness Divisions (MRDs) coordinate routine preventative care.
- Service women are encouraged to access routine care at a shore facility prior to deployment or as part of their Periodic Health Assessment (PHA) (per <u>SECNAV INSTRUCTION 6120.3A</u>).
- Acute and urgent women's health needs can be address while underway, as needed, but will be limited by the scope of practice of the provider and medical capabilities onboard.
- Telehealth services available on board vary based on the capabilities of each ship.



#### **FAMILY PLANNING**

#### Question M (i, ii, iii): Marine Corps Women's Health Services

- Care is provided at Marine Corps Medical Home (MCMH) clinics
  - · Care provided by unit embedded providers
  - Services provided vary based on scope of provider and Service member's needs
- Embedded providers at MCMH can provide:
  - · Contraception counseling and prescriptions for pills, patches, rings, injections
  - Preventative care
  - · Routine women's health and reproductive health care
  - Basic acute care
- Referral to OB/GYN or other Specialty Care:
  - Obstetrics
  - Invasive procedures
  - Implanted contraception
  - Transvaginal US
  - Mammography
  - · By patient request



#### FAMILY PLANNING

Question M (iv): Describe the scope and limitations of care which may be provided by unit-embedded medical providers both at home station and while deployed.

#### Who provides care:

- Unit embedded providers at MCMHs
- Physicians, Physician Assistants (PA), and Independent Duty Corpsman (IDC)
- IDC's often support deployed Marine Corps units. IDCs are trained in operational management of women's health (i.e., contraceptive counseling, preventive care, and management of emergency situations).

#### What care can be provided:

#### Home Station:

 Testing for sexually transmitted infections (STIs), pap smears, pregnancy testing oral and injectable contraception, contraceptive counseling, preventive care, and acute needs.

#### Deployed:

 Care limited to oral contraception, emergency contraception, urine pregnancy testing, and acutely needed pelvic exams.

#### Which care requires referral:

- Implanted and intrauterine forms of contraception as well as any more complex diagnostics, such as colposcopy or ultrasound, would usually require referral.
- Any significant medical concerns often require evacuation of the patient to a higher level of care.



#### **FAMILY PLANNING**

Question N: Do the Navy or Marine Corps plan to open more women's health clinics or contraceptive clinics in the future? If so, where and what is the projected timeline?

- DHA operated NMRTC Great Lakes- Fisher Clinic- WiCC being established in 2024.
- Continued Collaboration with the DHA to optimize WiCCs and WH care
- Ongoing WH readiness initiatives:
  - Walk-in Cervical Cancer Screening
    - NH Bremerton
    - NH Jacksonville
  - Embedded Women's Health Providers
    - MRD Norfolk
    - MRD San Diego.